

# Resources for living with CKD

Living with chronic kidney disease (CKD) isn't just about coping—it's about thriving! Learn as much as you can about your kidneys and the condition so you'll know what to do and what to expect.



## FreseniusKidneyCare.com

Our website has resources to help support you, so you can live your healthiest life. Find information on living with and managing CKD as well as decision and discussion guides, checklists, forms and other helpful tools.

This list of additional resources will help you learn more about kidney disease and the support available to you and your loved ones.

## Kidney disease associations and foundations

American Association of Kidney Patients	1-800-749-AAKP	<a href="http://AAKP.org">AAKP.org</a>
American Kidney Fund	1-800-638-8299	<a href="http://KidneyFund.org">KidneyFund.org</a>
Dialysis Patient Citizens	1-866-877-4242	<a href="http://DialysisPatients.org">DialysisPatients.org</a>
Kidney and Urology Foundation of America	1-800-633-6628	<a href="http://KidneyUrology.org">KidneyUrology.org</a>
Medical Education Institute	1-608-833-8033	<a href="http://MEIResearch.org">MEIResearch.org</a>
National Kidney Foundation	1-800-622-9010	<a href="http://Kidney.org">Kidney.org</a>
The National Forum of ESRD Networks	1-715-354-3735	<a href="http://ESRDNetworks.org">ESRDNetworks.org</a>

## Education about kidney disease and dialysis

Home Dialysis Central	1-608-833-8033	<a href="http://HomeDialysisCentral.org">HomeDialysisCentral.org</a>
Kidney Patient News	1-800-456-6919	<a href="http://KidneyPatientNews.org">KidneyPatientNews.org</a>
Kidney School	1-608-833-8033	<a href="http://KidneySchool.org">KidneySchool.org</a>
National Kidney Disease Education Program (NKDEP)	1-800-860-8747	<a href="http://NKDEP.NIH.gov">NKDEP.NIH.gov</a>
Renal Support Network	1-866-903-1728	<a href="http://RSNHope.org">RSNHope.org</a>

## Planning for a kidney transplant

MatchingDonors	1-800-385-0422	MatchingDonors.com
Organ Procurement and Transplantation Network	1-877-696-6775	Optn.Transplant.HRSA.gov
Transplant Living	1-888-894-6361	TransplantLiving.org
United Network for Organ Sharing	1-888-894-6361	UNOS.org

## Staying employed while on dialysis and financial resources

Americans with Disabilities Act	1-800-514-0301	ADA.gov
Centers for Medicare and Medicaid Services (CMS)	1-800-MEDICARE	CMS.gov
Family and Medical Leave Act	1-866-4-USWAGE	DOL.gov/whd/fmla
HealthInsurance.org	1-844-337-4826	HealthInsurance.org
Life Options	1-800-468-7777	LifeOptions.org
Social Security Work Incentives Improvement Programs	1-800-772-1213	SSA.gov/redbook/eng/main.htm
Ticket to Work and Work Incentives Improvement Act	1-866-968-7842	SSA.gov/work

## Support for family and care partners

Caregiver Action Network	1-202-454-3970	CaregiverAction.org
Family Caregiver Alliance	1-800-445-8106	Caregiver.org



### LIVING WITH KIDNEY DISEASE? WE'RE HERE TO HELP

Take our free class to discover tips to help maintain your kidney health or visit one of our centers near you. Call **1-800-377-4607** to learn more.