

Caring for your fistula or graft

You are the most important member of your care team. Help prevent a small irritation from turning into a larger problem by caring for your fistula or graft every day.



Look at your access site

Inspect the area around your access site for redness, swelling or leaking.



Listen to your access

You can hear whether or not your blood flow is strong. It sounds like a low-pitched swooshing. Your nurse or patient care technician (PCT) can show you how to listen.



Feel the flow

Feel your access site for good blood flow. A healthy access makes a vibration you can feel. Check your site for tenderness, warmth or swelling—these could be signs of infection or clotting.



TALK TO YOUR CARE TEAM TODAY

Your care team can answer questions and provide information about caring for your access. To learn more, visit [FreseniusKidneyCare.com/Access](https://www.freseniuskidneycare.com/access).